

**OBAFEMI AWOLowo UNIVERSITY, NIGERIA.**

---

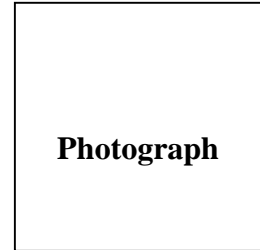
**The Postgraduate College**

*OAU FORM ADM. 'E'*

- **To be completed in Duplicate**

**From: Secretary  
Postgraduate College**

**To: Director, Medical & Health Services  
Health Centre**



**Please note that Candidate Reg. No.....**

**Mr./Mrs./Miss.....**  
**Surname Other Names**

**whose photograph appears above has been found qualified for admission into.....**  
**Faculty of.....and can now be registered in the Health Centre.**

.....  
**Date**

.....  
**for Secretary**



## ALLERGIES

An allergy is a skin rash, hives, joint pain swollen glands, stuffy nose and or fever after exposure to something to which you are allergic.

Yes No

Do you have any ALLERGIES?

If "Yes" check those items to which you are allergic

Aspirin.....

Certain foods

Dust.....  
 Feathers.....  
 Novocain.....  
 Penicillin.....  
 Chloroquine .....  
 Camoquine.....  
 Sulfa.....  
 Item not listed.....

## IMMUNIZATIONS:

Check whether or not you have had each immunization listed, and enter the year you received the last immunization.

Yes	No	Immunization	Year last received
.....	.....	DPT	.....
.....	.....	Cholera	.....
.....	.....	German Measles (Rubella)	.....
.....	.....	Measles	.....

.....	.....	Mumps.....
.....	.....	Polio-oral
.....	.....	Polio-shots.....
.....	.....	smallpox.....
.....	.....	tetanus toxoid.....
.....	.....	Tuberculosis BCG.....
.....	.....	TAB (Typhoid Fever)....
.....	.....	Whooping cough
.....	.....	Yellow fever.....

## ILLNESSES

Check whether or not YOU or YOUR BLOOD RELATIVES have or have had the illnesses listed.

Your blood relatives include your sisters, brother, children, parents, and grandparents

You		Relative	Yes		No	
Yes	No	Disease	Yes	No	Yes	No
.....	.....	Alcoholism	.....	.....	.....	.....
.....	.....	Allergies	.....	.....	.....	.....
.....	.....	Anaemia	.....	.....	.....	.....
.....	.....	Asthma	.....	.....	.....	.....
.....	.....	Bleeding trait	.....	.....	.....	.....
.....	.....	Cancer	.....	.....	.....	.....
.....	.....	recurrent Diarrhoea	.....	.....	.....	.....
.....	.....	Sickle Cell	.....	.....	.....	.....
.....	.....	Deafness (Before 50)	.....	.....	.....	.....
.....	.....	Depression	.....	.....	.....	.....

.....	.....	Diabetes (Sugar)	.....	.....
.....	.....	Chronic Cough	.....	.....
.....	.....	Epilepsy	.....	.....
.....	.....	Eye problem	.....	.....
.....	.....	Goiter	.....	.....
.....	.....	Heart disease	.....	.....
.....	.....	High blood pressure	.....	.....
.....	.....	Fainting spells	.....	.....
.....	.....	Hypoglycemia (low blood sugar)	.....	.....
.....	.....	Insanity	.....	.....
.....	.....	Kidney disease	.....	.....
.....	.....	Mental retardation	.....	.....
.....	.....	Migraine headaches	.....	.....
.....	.....	Nervous breakdown	.....	.....
.....	.....	Obesity (more than 20 Ibs)	.....	.....
.....	.....	Overweight)	.....	.....

## HOSPITALIZATION

Yes No

Have you ever been ADMITTED to a Hospital?

(Stayed in a Hospital? As a PATIENT)

If "you" enter total number of times for each reason, and then indicate if ANY of these admission occurred within past year.

No Times	Reason	Past Year		Past Year	
		Yes	No	Yes	No
.....	Check up (Medical Test).....	.....	.....	.....	.....
.....	Illness.....	.....	.....	.....	.....
.....	Injury (Accidents)....	.....	.....	.....	.....
.....	Mental Illness.....	.....	.....	.....	.....
.....	Operation....	.....	.....	.....	.....
.....	Pregnancy	.....	.....	.....	.....

DISABILITY: Do you have –

Yes No

..... Permanent disability due to illness?  
 ..... Permanent disability due to injury?  
 ..... Permanent disability from birth?

## OTHER MEDICAL PROBLEMS

Whether or not you have or have had the **ILLNESSES** or **INJURIES** listed.

Yes	No	Problem	Yes	No	Problem	Yes	No	Problem
.....	.....	Acne Pimples	.....	.....	Skin rashes	.....	.....	Appendicitis
.....	.....	Arthritis	.....	.....	Back strain	.....	.....	Bladder Infection
.....	.....	Cystitis	.....	.....	Chronic cough	.....	.....	Chicken pox
.....	.....	Eye problems	.....	.....	Gall bladder	.....	.....	German measles
.....	.....	Gonorrhea	.....	.....	disease	.....	.....	Hearing problems
.....	.....	Jaundice	.....	.....	Haemorrhoids	.....	.....	Hives (Urticaria)
.....	.....	(yellow eyes)	.....	.....	Kidney infection	.....	.....	Kidney stone
.....	.....	Knee Injury	.....	.....	Lung	.....	.....	disease
.....	.....	Malaria	.....	.....	Measles	.....	.....	Meningitis
.....	.....	Mumps	.....	.....	Measles disease	.....	.....	Neck strain
.....	.....	Nervous stomach	.....	.....	Osteomyelitis	.....	.....	Ovarian cyst
.....	.....	Pelvic infection	.....	.....	Bone infection	.....	.....	Vein infection
.....	.....	Phlebitis	.....	.....	Pneumonia	.....	.....	Polio
.....	.....	Prostate infection	.....	.....	Slipped disc	.....	.....	Syphilis
.....	.....	Testicle infection	.....	.....	Typhoid fever	.....	.....	Whooping cough

### FRACTURES (Broken Bones)

.....	Have you had any FRACTURES	.....	Forearm (elbow to wrist).....
.....	If "Yes" check below any fractures you have had.	.....	Wrist....
.....	Skull	.....	Hand (wrist to fingers).....
.....	Nose	.....	Fingers.....
.....	Jaw	.....	Hip.....
.....	Neck	.....	Thigh (hip to knee).....
Left...indicate	SITE....Right	.....	Kneecap.....
.....	(Clavicle.....	.....	Leg (Knee to ankle).....
.....	Shoulder....	.....	Ankle.....
.....	...Arm.(Shoulder to elbow)....	.....	Foot (ankle to toes)....
		.....	Toes.....

### OPERATIONS:

An operation is a surgical procedure usually performed in an operating room in a hospital.

Yes No

.....	Have you had any OPERATION?	.....	If "Yes" check those operations you have had.				
.....	Appendix	.....	Brain	.....	Bone	.....	Breast
.....	Colon	.....	Cystoscopy (bladder)	.....	Joint	.....	Kidney
.....	Hysterectomy	.....	Neck	.....	Nose	.....	Ovary
.....	Prostate	.....	Ears	.....	Eyes	.....	Heart
.....	Bladder	.....	Hernia	.....	Spleen	.....	Stomach
.....	Testicle	.....	Tubal ligation	.....	Tonsils	.....	Other, not listed

### MEDICATIONS

..... Do you take any MEDICINE frequently or regularly?

If "Yes" check those medications below

.....	Antacid (for ulcer)	.....	Antidepressant	.....	Antihistamine	.....	Aspirin
.....	Asthma medicine	.....	Blood tonic	.....	Birth control pill	.....	Cortisone steroid
.....	Cough medicine	.....	Diabetic pill	.....	Diet pill	.....	Diuretic (water)
.....	Ear drops	.....	Eye drops	.....	Headache medicine	.....	Heart medicine
.....	Penicillin	.....	Sleeping pill	.....	Stomach medicine	.....	Sulfa (M&B)
.....	Thyroid hormone	.....	Tranquilizer	.....	Vitamins	.....	Others not listed
.....	High blood pressure	.....	Insulin	.....	Iron	.....	Laxative
.....	medicine	.....	for heart	.....	nerve medicine	.....	(Purgative)
.....	Nose drops						

**DRUGS** Do you generally or frequently-

Yes	No	.....	.....	know the common names and appearance of the various forms of the above drugs?
.....	Smoke marijuana?	.....	.....	Formerly used drugs but stopped?
.....	Use amphetamines (proplur Reactivan, Iexa)?	.....	.....	Sleeping tablets (barbiturates, valium, Mogadon)
.....	Use depressants (Mandrax barbiturates)?	.....	.....	Tranquillizers - Librium
.....	Use hallucinogens (LSD)?	.....	.....	Valium.
.....	Use narcotic (heroin morphine)?	.....	.....	

**TRAUMA, ACCIDENTS AND OTHER HAZARD**

Do you frequently	.....	.....	Drive after drinking alcohol or taking drugs?
.....	Ride a bicycle?	.....	Ask for lifts or give lift to others.
.....	Ride a motorbike or motorcycle?	.....	Get exposed to insecticides or dangerous chemicals
.....	Ride a motorcycle without helmet and jacket?	.....	Know how to swim?
.....	Tend to exceed the speed limit while driving?	.....	Know how to give first aid.

**HABITS AND RISK FACTORS**

Your habits influence your ability to achieve and maintain good health and long life. Most of the questions on this page reflect factors which increase your risk of developing physical or emotional problems. Please answer each question realistically.

You are not being "graded", and this is not a test.

**EATING** Do you generally or frequently.  
**Yes No**  
 ..... Eat irregularly, skip meals?  
 ..... Eat lots of animal fats?

..... Eat lots of dairy products? (milk cheese)  
 ..... Eat lots of sugar, cake, starches?  
 ..... Drink 5 or more cups of coffee Per day  
 ..... Drink 5 or more soft drinks per day.  
 If you have ever smoked cigarettes, specify amount and duration-  
 Less than 1/2 pack/day..... Less than 1 year  
 1/2 to 1 pack/day ..... 1 to 5 years  
 1 to 2 packs/day ..... 5 to 10 years  
 over 2 packs/day ..... over 10 years

**ALCOHOL**

..... Tend to stay overweight? **Yes No**  
 ..... Eat regular, well balanced meals even if trying to lose weight.  
 ..... Eat lots of fruits?  
 ..... Eat lots of vegetable?  
 Do you drink alcohol?  
 Did you formerly drink alcohol but stopped  
 If you have ever drunk alcohol, specify amount and duration-

**EXERCISE** Do you generally or frequently-  
**Yes No**  
 ..... Get heavy exercise on an irregular basis?  
 Occasionally, socially ..... Less than 1 yr  
 Several drinks/week ..... 1 to 5 years  
 several drinks/day ..... 5 to 10 years  
 more than 3 drinks /day ..... Over 10 years.

**INFORMATION** Do you want further information on the following, or help with problems you may encounter in the areas described?

Yes	No	.....	.....	Marital problems
.....	Birth control	.....	.....	General health hazards
.....	Venereal disease	.....	.....	How to cope with loneliness
.....	Cigarette smoking	.....	.....	What to do if a medical emergency occurs
.....	Alcoholism	.....	.....	Malaria prevention
.....	Drug abuse	.....	.....	Sickle Cell
.....	Emotional problems	.....	.....	Hypertension
.....	Sexual problems	.....	.....	

...	...	Frequent sore throats (more than friends)?	...	...	Bleeding or sore gums?
...	...	Persistent or frequent hoarseness?	...	...	Persistent sore tongue?
...	...	Unexpected swelling in front of neck?	...	...	Wear upper plate (false teeth)
...	...	Frequent toothaches or bad teeth ?	...	...	Wear tower (false teeth) ?

### REVIEW OF SYSTEMS

Answer every question. The SYMPTOMS asked ... .. Numbness or tingling in arm (s) ?  
 About concern those may have had ... .. Numbness or tingling in leg (s)  
 IN THE PAST YEAR unless otherwise ... .. Frequent or severe HEADACHES ?  
 specified if "Yes" for headaches, describe attributes -

HEAD DO you have or have had -	...	Present for year	...Front
Yes No.	...	Began recently	...Back
...	...	Staggering or balance problems ?	... Getting worse ... Left side
...	...	Lightheadedness on standing up ?	... Getting better ...Right side
...	...	Lightheadedness unrelated to body position ?	... Last minutes ... All over head
...	...	Spinning sensation or dizziness ?	... Last hours or more ... Location varies
...	...	Fainting spells ?	... Throbbing ... Worse when tired
...	...	Convulsions or "fist"?	... Band - like ...Worse when tense
...	...	Weakness in arm (s)?	... Accompanied by -
...	...	Weakness in leg (s)?	... Nausen ...Neck pain
			... Stuffy nose ...Blind spots

### EYES Do you have or have you had

Yes No.	...	Colorblindness ?	...
...	...	Normal vision without glasses ?	... Blind right eye?
...	...	Visual problem corrected with... glasses ?	... Blind left eye ?
...	...	Visual problem not corrected with glasses ?	... Persistent pain right eye ?
...	...	Nearsighted ?	... Persistent pain left eye ?
...	...	Farsighted ?	... Persistent watering of itching of eyes ?
...	...	Squint cross-eyed	... Double vision
			... Ever had a serious eye injury ?

### HEART AND LUNGS DO you have or have you had -

Yes No	...	Chest motion ... Nervousness
...	...	Heart valve problems ?
...	...	Heart murmur?
...	...	Irregular heartbeat, skipped beats ?
...	...	Boult of heartbeat so fast you can't count ?
...	...	Enlarged heart ?
...	...	Frequent or persistent wheezing ?
...	...	Frequent persistent cough?
...	...	More susceptible to colds than friends ?
...	...	Frequent or severe CHEST PAIN?

"YES" for chest pain, describe attributes -

Present for years  
 Began recently  
 Sharp, knife - like  
 Dull ache, pressure  
 Present at rest  
 Worse with  
 Exercise

... Deep breathing

### SHORTNESS OF BREATH ?

If "Yes" for shortness of breath, describe attributes -

... Present for years  
 ... Began recently  
 ... Worse with exercise  
 ... Present at rest  
 ... Relieved by resting  
 ... Occurs with chest pain  
 ... Accompanied by wheezing  
 ... Accompanied by coughing

**EARS, NOSE, AND THROAT Do you have or have you had**

Yes	No.	
...	...	Hearing loss right ear ?
...	...	Hearing loss left ear ?
...	...	Frequent ear aches ?
...	...	Sore or itching ear canals ?
...	...	Frequent stuffy or runny nose ?
...	...	Sinus trouble with stuffy nose, headache?
...	...	Frequent sneezing?
...	...	Nosebleeds not due to injury ?

**DIGESTIVE Do you have or have you had**

Yes	No	
...	...	Frequent nausea or vomiting ?
...	...	Vomiting of blood ?
...	...	Hot burning fluid in throat or chest?
...	...	Black tarry stools?
...	...	Frequent diarrhea or watery Stools?
...	...	Frequent constipation?
...	...	Bright red blood in stools ?
...	...	Persistent rectal itching or soreness ?
...	...	Frequent or severe HEARTBURN or INDIGESTION?

If "Yes" for indigestion, describe attributes –

...	Present for years	.....	Worse with
...	Began recently		Spicy foods
...	Worse between meals		(pepper)
...	Worse after eating	...	Worse with oil foods
...	Accompanied by per abdominal pain		
...	Accompanied by gas		
...	Relieved by milk or gelusil		
...	Relieved by drinking milk		

**WOMEN (Men go on to next section)**

Do you have or have you had -

Yes	No	
...	...	Hard lump in breast
...	...	Vaginal infection or discharge?
...	...	Vaginal area pain with intercourse?
...	...	Irregular periods?
...	...	Excessive bleeding with periods?
...	...	Never had periods?
...	...	No longer having Periods?

Yes No

... Do you have or have you frequent or severe ABDOMINAL PAIN ?  
If "Yes" for abdominal pain describe attributes

...	Present for years	...	Dull ache
...	Began abdomen	...	Cramping
...	Upper abdomen	...	Sharp, knife-like
...	Lower abdomen	...	Burning
...	Right, side	...	Worse with eating
...	Left side	...	Worse with not eating

Accompanied by -

...	Menstrual periods (females)	...	Diarrhoea
...	Urinary burning	...	Constipation

**URINARY Do you have or have you had –**  
Yes No

...	Bedwetting problem?
...	Loss or urine control ?
...	Awaken from sleep to urinate frequently?
...	Urinate more than 10 time a day ?
...	Frequent urinary burning sensation ?
...	Blood in urine ?
...	Dark or coffee-colored urine ?
...	Pain in flank accompanied by fever ?
...	Abdominal pain with urination?
...	Trouble getting urine started?

**MUSCULOSKELETAL Do you have or have you had -**

...	Frequent or severe neck pain ?
...	Frequent or severe back pain ?
...	Painless swelling of feet or lower legs?
...	Stiffness in joint due to injury?
...	Stiffness in joint NOT due to injury?
...	Joint pain to injury
...	Persistent JOINT PAIN NOT due to injury?

If Yes for joint pain NOT due to Injury, describe

...	Present for years
...	Began recently
...	Worse with exercise

...	Worse after rest
...	Involving hands
...	Involving wrists
...	Involving elbows
...	Involving Shoulders
...	Involving hips
...	Involving knocks
...	Involving ankles
...	Involving feet
...	Accompanied by redness
...	Accompanied by swelling
...	Accompanied

MEN (Women go on to next section)

You have or have you had	...	...	Frequent pain in testicle (s)?
... Enlarged or infected prostate?	...	...	Nodule in testicle growing larger?
... Pus or drainage from penis?	...	...	Testicle absent or removed?
... Rupture or swelling in groin?	...	...	Problem with impotence?

**OTHER SYSTEMS Do you have or you had**

Yes	No	...	...	Dry skin or brittle nails?
...	...	Unexplained fever or chills?	...	...
...	...	Frequent or constant thirst	Yes	No.
...	...	Weight loss not explained by diet?	...	...
...	...	Weight gain not explained by diet?	...	...
...	...	Constant fatigue?	...	...
...	...	Fatigue that comes and goes?	...	...
...	...	Weakness or fatigue between meals?	...	...
...	...	Skin lesion that won't heal?	...	...
...	...	Persistent rash or pimples	...	...

**FEELINGS are you, or do you generally –**

Yes	No.	...	...	precise and orderly?
...	...	Feel sad, despressed?	...	...
...	...	Feel lonely?	...	...
...	...	Cry without apparent reasons?	...	...
...	...	Wish to end it all?	...	...
...	...	Plan a way t kill self?	...	...
...	...	Unable to concentrate on anything?	...	...
...	...	Awaken, can't go back to sleep?	...	...
...	...	Still tired a night's sleep?	...	...
...	...	Feel tense and anxious?	...	...
...	...	More nervous than your friends?	...	...
...	...	Worry a lot about health?	...	...
...	...	Worry a lot about generally?	...	...
...	...	Have trouble falling asleep?	...	...
...	...	Jump at sudden noises and shake badly?	...	...
...	...	Have frightening thoughts?	...	...
...	...	Often break out in coldsweats?	...	...
...	...	Unusually afraid of high places?	...	...
...	...	Unusually afraid of closed places?	...	...
...	...	Unusually afraid of crowds?	...	...
...	...	Suffer from nervous exhaustion?	...	...
...	...	Get upset easily, highly irritable?	...	...
...	...	More touchy than your friends?	...	...
...	...	Tend to go to pieces if you don't constantly exert control over yourself ?	...	...
...	...	Get angry when told what to do?	...	...
...	...	Feel more violent than your friends?	...	...
...	...	Have a violent temper?	...	...
...	...	Get upset when things are not	...	...

**CONCLUSION**

*Thanks you for completing the questionnaire  
Please check back through to make sure you  
Haven't skipped any sections or pages.*

Yes No  
... Do you have any other problems  
Not covered by this questionnaire?

Please give us your opinion of this system

..... Very good  
..... Good  
..... Generally good, criticism minor  
..... Don't like it.

- OBAFEMI AWOLowo UNIVERSITY,  
HEALTH CENTRE,  
ILE-IFE.



**STUDENT HEALTH SERVICE**

**ENTRANCE MEDICAL EXAMINATION**

(To be completed by the Student, Please print)

- (a) Surname..... Other Names .....  
 Date of Birth..... Sex.....Single/Married.....  
 Nationality.....Ethnic Origin.....  
 Faculty and Subjects .....  
 Name, Address, Telephone Number of Parent/Guardian/Next of kin.....

(b) Have you ever had or do you now have any of the following: Where yes, please give details.

	YES	NO		YES	NO		YES	NO
Arthritis			G.C.			Migraine		
Asthma			Genio-Urinary Disease			Parasitic/Worm Disease		
Bone, Joint Disease Other Deformity			Hay Fever			Poliomyelitis		
Bronchitis			Headache (recurrent)			Rheumatic Fever		
Diabetes			Heat Disease			Skin Disease Incl. Leprosy		
Eye, Ear, Nose, Throat trouble			High Blood Pressure			Stomach or Duodenal Ulcer		
Dizziness or Fainting			Jaundice			Tuberculosis		
Drug Sensitivity			Kidney Disease			Schistosomiasis		
Dysentery			Liver of Gall Bladder Disease			Others (Specify)		
Epilepsy/Fits			Malaria					
Filariasis			Menstrual Disorders					

- .....
- .....
- (c) Did you or do you smoke?..... Since when .....  
 What quantity per day?.....
- (d) What activities do you enjoy in your spare time? .....  
 Do you take part in any athletic pursuits? Regularly/Occasionally/Rarely/Not at all.  
 Did you represent you School at any Sports?.....If so which?.....
- .....
- (e) Do you get very anxious at the time of class tests/exams?.....
- (f) Have you ever received counseling/treatment for emotional disturbances, nervous disorders or mental illness?.....
- (g) Give details of any serious illness, injuries and accidents, fractures or operations you have had.....
- (h) Give details of any previous admission into hospital as an in-patient for causes other than in (g) above.....
- (i) State any current medical/surgical/Psychiatric treatment you may be receiving.....
- (j) Has any member of your family or a close relative suffered from Tuberculosis, diabetes, or Mental/Nervous disease?.....  
 Please give details.....
- (k) Have you been immunized against:

	YES / NO	DATE(S)		YES / NO	DATE(S)
Poliomyelitis			Typhoid		
Small Pox			Yellow fever		
Tetanus			Others		
Tuberculosis					

I certify that the above history is true to the best of my knowledge.

**PHYSICAL EXAMINATION**

**PART II (To be completed by a Doctor at The Obafemi Awolowo University Health Centre)**

- (a) Height.....Weight.....Nutritional State:  
Thin/Average/Obess
- (b) (i) Distant Vision (Snellens or similar Test-Type) (ii) Colour vision:  
Without Glasses R . 6/ L. 6/ Normal/Abnormal  
Corrected/ with Glasses: R . 6/ L. 6/
- (c) Hearing: Right ear (d) Pulse (Rate etc)  
Left ear Blood Pressure:  
Systolic Diastolic

(e) Clinical examination: Describe any important abnormality, please

	Normal	Abnormal
Head and Neck		
Conjunctivate & Mucous Membranes		
Tongue		
Teeth & Throat		
Ear, Nose and simuses		
Lymph Glands		
Chest and Lungs		
Heart		
Abdomen		
Haemorrhoids or Fistula		
Genito-Urinary (Including Hernial Orifices)		
Nervous System	Pupillary reflexes Spinal reflexes	
	Protein	
Urine	Sugar	
	Others	

- (f) Stool Examination Parasites:.....  
Occult Blood:.....
- (g) Blood Hb%.....P.C.V.....  
W.B. C. & Differential.....
- (h) Place, Date, Number and Report of Chest X-ray (The X-ray picture must be taken at Obafemi Awolowo University) .....
- (i) Summary of Significant abnormalities.....  
.....  
.....
- (j) Assessment: I have today examine Mr/Mrs/Miss.....  
and He/She is/is not, in my opinion, free from physical defect, organic or nervous ailment or their after-effects likely to impair or disturb mental and physical activity in a University. He is free/not free from infectious diseases.  
I assess his health and physical condition as Excellent / Good / Fair / Poor
- (k) She is / is not pregnant.  
Date:.....Signature of the Physician.....  
Name.....  
Address.....  
.....

**PART III (To be completed by the University Medical Officer)**

**Tubercumn Test (Mantoux /Heal):**

Remarks:.....

Date:.....